



DEEP SLEEP FOR BIG GAINS

- Valerian Root Extract
- Melatonin
- Natural Plant Extracts

FAST ACTING DEEP SLEEP

ALLMAX has taken the best-of-the-best key ingredients known to produce a deep sleep and to get there quickly. We all know that a good night's sleep is essential. Get to sleep fast so you can wake up feeling rested and refreshed.

- Valerian Root** • Calming action*
- L-Theanine** • The calming component of Tea*
- Chamomile** • Gentle relaxation*
- 5-HTP** • Supports serotonin*
- GABA** • Can induce deeper sleep*
- Passion Flower** • Can increase GABA*
- Melatonin** • Realigns the wake/sleep cycle*
- Vitamin B6** • Helps sleep cycles*

Through proper sleep we not only facilitate the muscle building process through the protein synthesis, growth hormone and testosterone release that occurs during these hours, but we re-energize and top-up both mentally and physically. Consistently achieving 7-9 hours of quality sleep each night could be the single most important way to ensure we are functioning on all cylinders - and ready to push some serious weight in the gym.

US1005-A

Supplement Facts

Serving Size 2 Capsules		Servings Per Container 30
AMOUNT PER SERVING		%DV
Vitamin B6 (as Pyridoxal-5-Phosphate)	10 mg	588%
Valerian root extract (<i>Valeriana officinalis</i>) (Std. to 0.8% Valerinic acids)	250 mg	†
GABA (Gamma-aminobutyric acid)	150 mg	†
Chamomile flower extract (<i>Matricaria recutita</i>)	100 mg	†
Passionflower (<i>Passiflora incarnata</i>) (herb)	60 mg	†
5-HTP (Peak X Free) (as <i>Griffonia simplicifolia</i>) (seed) Extract	50 mg	†
L-Theanine	50 mg	†
Lavender (<i>Lavandula angustifolia</i>) (aerial) Extract	30 mg	†
L-Tyrosine	20 mg	†
Melatonin	3 mg	†

† Daily Value (DV) not established.

OTHER INGREDIENTS: Vegan Caps (Hyromellose), Maltodextrin, Rice Bran, Organic Rice Hulls.



EVERY LOT



REGISTERED FACILITY



VEGAN



TESTED

* These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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SPORT

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