

DEEP SLEEP BIG GAINS

- Valerian Root Extract
- Melatonin
- Natural Plant Extracts

FAST ACTING DEEP SLEEP

has taken the best-of-the-best ingredients known to produce a deep sleep and to get there quickly. We all know that a good night's sleep is essential. Get to sleep fast so you can wake up feeling rested and refreshed.

Valerian Root • Calming action* **L-Theanine** • The calming component of Tea* Chamomile • Gentle relaxation* **5-HTP** • Supports serotonin* GABA • Can induce deeper sleep* Passion Flower • Can increase GABA* **Melatonin** • Realigns the wake/sleep cycle* Vitamin B6 • Helps sleep cycles*

Through proper sleep we not only facilitate the muscle building process through the protein synthesis, growth hormone and testosterone release that occurs during these hours, but we re-energize and top-up both mentally and physically. Consistently achieving 7-9 hours of quality sleep each night could be the single most important way to ensure we are functioning on all cylinders - and ready to push some serious weight in the gym.

Supplement Facts

Serving Size 2 Capsules	Servings Per Container 30	
AMOUNT PER SERVING		%DV
Vitamin B6 (as Pyridoxal-5-Phosphate)	10 mg	588%
Valerian root extract (<i>Valeriana officinalis</i>) (Std. to 0.8% Valerinic acids)	250 mg	t
GABA (Gamma-aminobutyric acid)	150 mg	t
Chamomile flower extract (Matricaria recutita	a) 100 mg	t
Passionflower (Passiflora incarnata) (herb)	60 mg	t
5-HTP (Peak X Free) (as <i>Griffonia simplicifolia</i> (seed) Extract	a) 50 mg	t
L-Theanine	50 mg	t
Lavender (<i>Lavandula angustifolia)</i> (aerial) Extract	30 mg	t
L-Tyrosine	20 mg	t
Melatonin	3 mg	t
† Daily Value (DV) not established.		

OTHER INGREDIENTS: Vegan Caps (Hypromellose), Maltodextrin, Rice Bran, Organic Rice Hulls.









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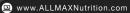
REGISTERED FACILITY















These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.