



GAIN LEAN BODY MASS FAST!

1010
CALORIES
PER
SERVING

64
GRAMS
PROTEIN
PER 4 SCOOP SERVING

ULTIMATE RAPID MASS GAINER

QUICKMASS packs **1010 MASS-BUILDING CALORIES** into every serving in cold water, no milk required! Ideal for those looking to put quality mass on fast.

During one 8-week Gold-Standard (double blind, placebo-controlled) study conducted at California State University, test subjects provided with the same calorie content as 2 servings of QUICKMASS per day gained 4.5 times as much fat-free mass and increased chest size by 1 inch.*



AVAILABLE
SIZES



CLEAN BULKING IS HERE! QUICKMASS FOR FAST LEAN GAINS!

Nutrition Facts

Serving Size: Servings:	Per 4 Scoops (265 g*) Per Container ~6	Per 1 Scoops (65 g*) Per Container ~24
	Amount % Daily Value	Amount % Daily Value
Calories	1010	250
Total Fat	8 g 10%^Δ	2 g 3%^Δ
Saturated Fat	5 g 25% ^Δ	1.3 g 7% ^Δ
Cholesterol	180 mg 60%^Δ	45 mg 15%^Δ
Total Carbohydrate	172 g 63%^Δ	43 g 16%^Δ
Dietary Fiber	4 g 11% ^Δ	1 g 4% ^Δ
Total Sugars	12 g ‡	3 g ‡
Added Sugars	8 g [○] 16% ^Δ	2 g [○] 4% ^Δ
Protein	64 g	16 g
Vitamin A (as Vitamin A Palmitate)	360 mcg RAE 40%	90 mcg RAE 10%
Vitamin C (as Ascorbic Acid)	100 mg 111%	25 mg 28%
Vitamin D (as Cholecalciferol)	10 mcg 50%	2.5 mcg 13%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	10 mg AT 67%	2.5 mg AT 17%
Thiamin (as Thiamine Hydrochloride)	1.6 mg 133%	0.4 mg 33%
Riboflavin (as Riboflavin)	1.6 mg 123%	0.4 mg 31%
Niacin (as Niacinamide)	20 mg 125%	5 mg 31%
Vitamin B6 (as Pyridoxine HCl)	2 mg 118%	0.5 mg 29%
Folate	432 mcg DFE 108% (260 mcg folic acid)	108 mcg DFE 27% (65 mcg folic acid)
Vitamin B12 (as Methylcobalamin)	8.8 mcg 367%	2.2 mcg 92%
Biotin (as Biotin)	50 mcg 167%	12.5 mcg 42%
Pantothenic Acid (as Calcium D-Pantothenate)	6 mg 120%	1.5 mg 30%
Calcium (as Tricalcium Phosphate)	556 mg 43%	140 mg 11%
Iron (as Ferrous Gluconate)	6 mg 33%	1.6 mg 9%
Phosphorus (as Tricalcium Phosphate)	360 mg 30%	90 mg 7%
Iodine (as Potassium Iodide)	76 mcg 51%	19 mcg 13%
Magnesium (as Magnesium Oxide)	180 mg 43%	45 mg 11%
Zinc (as Zinc Oxide)	10.4 mg 95%	2.6 mg 24%
Selenium (as L-Selenomethionine)	48 mcg 87%	12 mcg 22%
Copper (as Copper Gluconate)	1.6 mg 178%	0.4 mg 44%
Manganese (as Manganese Gluconate)	2 mg 87%	0.5 mg 22%
Chromium (as Chromium Picolinate)	32 mcg 91%	8 mcg 23%
Molybdenum (as Molybdenum Amino Acid Chelate)	76 mcg 169%	19 mcg 42%
Sodium	240 mg 10%	60 mg 3%
Potassium	560 mg 12%	140 mg 3%

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily values not established.
‡ Naturally occurring from Maltodextrin.



**Carb
Plex**

**3:1
CARB:PRO**

64 G of SUSTAINED RELEASE PROTEIN TO BUILD MASS*

MASSPRO creates a rapid and sustained delivery of MUSCLE-BUILDING proteins that work continuously all day to help you RECOVER and GROW. Power up your MUSCLE PROTEIN SYNTHESIS and FUEL your LEAN MASS GAINS!*

OPTIMAL 3:1 CARB TO PROTEIN RATIO

CARBPLEX provides the calories your body needs to grow ALL DAY with NO SUGAR ADDED! CARBPLEX absorbs up to 20 times more slowly than sugar providing the ultimate MASS FUEL for your gains! The QUICKMASS carbohydrate blend is powered by healthy, long-chain and complex carbohydrates such as sweet potato, rolled oats and quinoa along with scientifically studied and tested carbs like Cyclo-D and Soluable Corn Fiber, a natural prebiotic.*



CHOCOLATE



COOKIES & CREAM



CHOCOLATE
PEANUT BUTTER



STRAWBERRY BANANA



FRENCH VANILLA

INGREDIENTS: MASS COMPLEX [Medium & Long Chain Maltodextrin Complex, Cyclo-D™ (Highly-Branching Cyclic Dextrin), Waxy Maize Starch, Sweet Potato Powder, Oat Fiber, Quinoa Flour], **PROTEIN BLEND** [Whey Protein Concentrate, Milk Protein Isolate, Whey Protein Isolate], **PREBIOTIC** [Soluble Corn Fiber], **ENZYMES BLEND** [Protease, Bromelain], Cocoa Powder, Natural and Artificial Flavors, Coconut Creamer [Coconut Oil, Soluble Corn Fiber, Sodium Caseinate, Sunflower Lecithin, Silicon Dioxide], Soy Lecithin, Silicon Dioxide, Sucralose, Coconut Milk Powder.

* These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ALLMAX®
PROFESSIONAL GRADE SUPPLEMENTS

ESSENTIALS

Naturals

SPORT

www.ALLMAXNutrition.com

@TeamALLMAX

@ALLMAX