



EGT20+

- Enhances Endurance and Stamina
- Accelerates Muscle Recovery
- Protects Cells from Oxidative Stress

L-Ergothioneine + Cordyceps



L-Ergothioneine is a naturally occurring amino acid found in high concentrations in mushrooms such as Cordyceps, Shiitake, and Oyster mushrooms. It acts as a potent antioxidant, neutralizing harmful free radicals and protecting your cells from oxidative stress.* Preliminary research suggests that L-Ergothioneine improves time-to-exhaustion performance and enhances muscle recovery after exercise.*¹

Cordyceps is a time-tested adaptogen known for centuries, Cordyceps promotes energy production, improves oxygen utilization, and enhances endurance.

EGT²⁰⁺ combines L-Ergothioneine (EGT) with Cordyceps (Cordyceps Sinensis). This synergistic combination leverages the potent antioxidant and anti-inflammatory properties of EGT and the adaptogenic benefits of Cordyceps to enhance athletic performance, recovery, and overall health.

Supplement Facts

Serving Size	1 Capsule
Servings Per Container	30
Amount Per Serving	% Daily Value
Cordyceps (<i>Ophiocordyceps sinensis</i> , mycelium) (Std. to 30% Polysaccharides)	100mg †
L-Ergothioneine	20mg †

† Daily Value not established.

Other Ingredients: Hypromellose (Vegan Capsules), Rice Flour, Magnesium Stearate.

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¹ Front Physiol. 2022 Feb 9;13:834597.
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* These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.