



MCT OIL

- Helps Sustain Energy*
- Supports Body Fat Reduction*
- C8 and C10 MCTs

C8 & C10 Medium Chain Triglycerides



Medium chain triglycerides (MCTs) are naturally occurring fats in coconut and palm kernel oils. They are easily absorbed and metabolized for use in various functions in the body. The key benefit of MCTs is that they aid in signaling your body to start the process of using fat as energy rather than for storage. MCT Oil is the perfect addition to a Ketogenic lifestyle and a great way to add healthy fats into your diet. ALLMAX MCT Oil is derived from 100% Coconut Oil with a 60:40 blend of C8 (Caprylic Acid) and C10 (Capric Acid).

The popular Ketogenic diet is about keeping the body in a state of ketosis. This is where the body flips the switch and starts using fatty acids as the main source of energy instead of carbs. In simple terms, the Keto diet is all about high fat and very low carbs. However, it is very important to be consuming the right kind of fatty acids if you want to kick yourself into ketosis and shed fat quickly.

Although short and long chain fatty acids are ok, they are digested by the stomach so the body can't utilize them effectively. Medium chain triglycerides such as C8 and C10, strike the perfect balance and are not processed through the digestive system. They instead go straight to the liver and are broken down into ketones and released into the bloodstream. Ketones are produced by the body when it's burning fat for fuel. The more ketones, the more fuel, the more fat that is burned!

C8 and C10 are shown to be the easiest and fastest MCTs for the body to absorb and process into energy. C8 is widely known as the best and fastest absorbing medium chain triglyceride for an instant clean energy boost.

For hard training athletes and those who need extra energy without the carbs, ALLMAX MCT Oil is the perfect addition to your supplement arsenal. With absolutely no additives or extra ingredients, you get 14.6 g of MCTs per serving with zero carbs or sugar!

Supplement Facts

Serving Size 15 ml
Servings Per Container ~24

Amount Per Serving	% Daily Value	
Calories	130	
Total Fat	15 g	19% ^a
Saturated Fat	15 g	75% ^a
Medium Chain Triglycerides	14.6 g	†
C8 (Caprylic Acid)	8.8 g	
C10 (Capric Acid)	5.8 g	

^a Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

* These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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