



# PREMIUM MULTI-VITAMIN

# VITAFORM™

## FOR WOMEN

- 100% RDI Essential Vitamins
- 6 Functional Complexes\*
- Powerful Antioxidant\*



## Complete 2 Per Day Women's Multi-Vitamin

VITAFORM Women's Multivitamin, a cut above the standard multivitamin and designed for the needs of active women looking to perform at the highest levels.\* Taking your vitamins has never been easier! Just two tablets a day after breakfast. Specifically formulated with key vitamins, minerals & phyto-nutrients to support women's health: mental focus; metabolism; immunity; and bone & joints.\*

VITAFORM Women's Multivitamin contains a powerful high-ORAC anti-oxidant blend for better elimination of free radicals and aids in improvements to mental focus and mood. It also helps support the metabolism, a healthy thyroid function, bone health & decreases risk of osteoporosis. Furthermore, it also contains key ingredients to help strengthen the immune function and help with red blood cell formation\*

### 6 Functional Complexes\*

**FEMESSENCE:** Femme Essential Complex

**AGENTACT:** Femme Anti-Aging Blend\*

**COGNISENSE:** Femme Active Mind Support\*

**METAFEMME:** Femme Metabolism Support\*

**IMMUBOOST:** Femme Immune Support\*

**LIBRAFLEX:** Femme Joint Support\*

### Supplement Facts

Serving Size 2 Tablets  
Serving Per Container 30

Amount Per Serving		% DV
Vitamin A (as Palmitate)(5000 IU)	1500 mcg RAE	167%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	90 mg	100%
Vitamin D (as Cholecalciferol) (600 IU)	20 mcg	100%
Vitamin E (as dl-Alpha Tocopheryl Acetate) (30IU)	13.5 mg AT	90%
Vitamin K (as Phytanadione)	80 mcg	67%
Thiamine (as Thiamine HCl)	1.5 mg	125%
Riboflavin (as Vitamin B2)	1.7 mg	131%
Niacin (as Niacin and Niacinamide)	20 mg	125%
Vitamin B6 (as Pyridoxine Hydrochloride)	2 mg	118%
Folate (as 400 mcg Folic Acid)	668 mcg DFE	167%
Vitamin B12 (as Methylcobalamin)	6 mcg	250%
Biotin	300 mcg	1000%
Pantothenic Acid (as d-Calcium Pantothenate)	10 mg	200%
Choline (as Choline Bitartrate)	24 mg	4%
Calcium (as Calcium Carbonate, Calcium HVP Chelate & Calcium Ascorbate)	500 mg	38%
Iodine (as Potassium Iodide)	150 mcg	100%
Zinc (as Zinc Citrate & Zinc HVP Chelate)	15 mg	136%
Copper (as Copper Chelate)	2 mg	222%
Manganese (as Manganese Chelate)	2 mg	87%
Chromium (as Chromium Polynicotinate)	120 mcg	343%
Molybdenum (as Molybdenum Chelate)	75 mcg	167%

**1: FEMESSENCE:** Femme Essential Complex  
Inositol 25 mg †

**2: AGENTACT:** Femme Anti-Aging Blend\*  
Green Tea (*Camellia sinensis*, leaf) extract (95% Catechins, & 45% EGCG) 50 mg †

Grape Seed (*Vitis vinifera*, seed) extract (95% Proanthocyanidins) 25 mg †

Pomegranate (*Punica granatum*, fruit) extract (20% Ellagic Acid) 22 mg †

Grape Vine (*Vitis vinifera*, seed) extract (25% Proanthocyanidins) 15 mg †

Citrus Bioflavonoids 12 mg †

**3: COGNISENSE:** Femme Active Mind Support\*  
Asian Ginseng (*Panax ginseng*, root) powder 45 mg †

L-Theanine 30 mg †

Ginkgo Biloba (*Ginkgo biloba*, leaf) extract 25 mg †  
(24% Flavonoid Glycosides, 6% Terpene Lactones)

**4: METAFEMME:** Femme Metabolism Support\*  
Alpha Lipoic Acid 20 mg †

**5: IMMUBOOST:** Femme Immune Support\*  
Siberian Ginseng (*Eleutherococcus senticosus*, root) extract (25:1) 100 mg †

Echinacea (*Echinacea purpurea*, root) powder 50 mg †

Olive (*Olea europaea*, leaf) powder 25 mg †

**6: LIBRAFLEX:** Femme Joint Support\*  
Methylsulfonylmethane (MSM) 150 mg †

Glucosamine HCl (from Shellfish) 75 mg †

Chondroitin Sulfate (*Bos taurus*) 75 mg †

† Daily Value (DV) not established.

**OTHER INGREDIENTS:** Microcrystalline Cellulose, Croscarmellose Sodium, Vegetable Stearic Acid, Vegetable Magnesium Stearate, Silicon Dioxide.

**WHITE FILM COATING:** (Polyvinyl Alcohol, Titanium Dioxide, Polyethylene Glycol, Talc.)

\* These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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